# **VANESSA BOHNS**

Curriculum Vitae

ILR School Cornell University 377 Ives Hall Ithaca, NY 14853 vkb28@cornell.edu www.vanessabohns.com

## ACADEMIC APPOINTMENTS

Chair, Organizational Behavior Department, Cornell ILR School Professor, Organizational Behavior, Cornell University, Ithaca, NY Associate Professor, Organizational Behavior, Cornell University, Ithaca, NY Visiting Scholar, Management and Organizations, NYU Stern, New York, NY Assistant Professor, Organizational Behavior, Cornell University, Ithaca, NY Assistant Professor, Management Sciences, University of Waterloo, ON, Canada Post-Doctoral Fellow, Rotman School of Management, University of Toronto, ON, Canada	2023-present 2022-present 2017-2022 2020-2021 2014-2017 2011-2014 2008-2011			
EDUCATION				
Ph.D., Social Psychology, Columbia University, New York, NY M.Phil., Social Psychology, Columbia University, New York, NY M.A., Social Psychology, Columbia University, New York, NY A.B., Psychology, Brown University, Providence, RI	2008 2007 2005 2000			
RESEARCH AREAS				
Social influence; compliance; consent; help-seeking; self-conscious emotions  RESEARCH SUPPORT				
<ul> <li>External Funding</li> <li>National Science Foundation (\$1,197,740), "Deterring objectionable behavior and fostering emergent norms in social media conversations," Co-PI (with PI Drew Margolin, Co-PIs Natalie Bazarova, Rene Kizikcec &amp; Dominic DiFranzo)</li> </ul>	2021-2025			
<ul> <li>National Science Foundation (\$250,855), "Psychological assessment of voluntary consent," Principal Investigator (with Co-PI Roseanna Sommers)</li> </ul>	2018-2021			
<ul> <li>Social Sciences and Humanities Research Council of Canada (\$98,870),</li> <li>"Underestimating our influence over others' unethical decisions," Principal Investigator</li> </ul>	2014-2017			
<ul> <li>Social Sciences and Humanities Research Council of Canada (\$71,728), "Targeting savings goals," Principal Investigator (with Co-PI Abigail Scholer)</li> </ul>	2012-2014			
Internal Funding				
<ul> <li>Cornell Center for Social Sciences Research Grant (\$10,600), "The social psychology behind 'always on' work culture, Principal Investigator (with Co-PI Laura Giurge)</li> </ul>	2021-2023			
• Cornell Institute for the Social Sciences Collaborative Grant (\$150,000), "Prosocial behaviors in the digital age," Co-Investigator (with Natalie Bazarova, Drew Margolin, Rene Kizikcec & Janis Whitlock)	2018-2021			
<ul> <li>Cornell Institute for the Social Sciences Small Grant (\$7,320), "Understanding our influence over others' moral decisions," Principal Investigator</li> </ul>	2016-2017			

• UWaterloo/SSHRC 4A Award (\$8,000), "Underestimating our influence over others' 2012-2013 unethical decisions," Principal Investigator

#### HONORS, AWARDS, & NOMINATIONS

•	Thinkers 50 Radar list of 30 management thinkers to watch SUNY Chancellor's Award for Excellence in Scholarship and Creative Activities	2022 2021
•	Elected Fellow, Society for Personality and Social Psychology	2019
•	Showcase Symposium, Organizational Behavior Division, Academy of Management Meet	ing 2019
•	Nominated for an ILR McIntyre Award for Exemplary Undergraduate Teaching	2019
•	Op-Ed Training Grant, Society for Personality and Social Psychology	2018
•	Provost Research Innovation Award in Social Sciences, Cornell University	2018
	(inaugural award, given to one mid-career social scientist across the university)	
•	Nominated for an ILR McIntyre Award for Exemplary Undergraduate Teaching	2018
•	Nominated for an ILR McIntyre Award for Exemplary Undergraduate Teaching	2017
•	Nominated for an ILR McIntyre Award for Exemplary Undergraduate Teaching	2016
•	Elected Fellow, Society of Experimental Social Psychology	2013
•	Certificate of Excellence in Reviewing, Journal of Experimental Social Psychology	2013
•	Best Reviewer Certificate, Academy of Management Annual Meeting	2013
•	Nominated for the Sanford Fleming Foundation Teaching Excellence Award, U. Waterloo	2012
•	Excellence in Teaching Award, Rotman School of Management, University of Toronto	2011
•	Excellence in Teaching Award, Rotman School of Management, University of Toronto	2010
•	Richard Christie Memorial Fellowship, Columbia University	2005-2006

#### **BOOKS**

Bohns. V. (2025). To Speak or Not to Speak. Hachette.

Bohns, V. (2021). You Have More Influence Than You Think. W. W. Norton.

- One of Financial Times's top business titles of September
- One of *Behavioral Scientist*'s notable books of 2021
- One of Notre Dame Deloitte Center for Ethical Leadership's "Best Books for Ethical Leaders" 2021
- Global Association of Applied Behavioral Scientists' 2023 Best Behavioral Book Award runner-up

#### SCHOLARLY PUBLICATIONS

- Sommers, R. & Bohns, V. K. (2023). Consent searches and underestimation of compliance: Robustness to type of search, consequences of search, and demographic sample. In press at *Journal of Empirical Legal Studies*.
- Bohns, V. K. (2022). Toward a psychology of consent. Perspectives on Psychological Science, 4, 1093-1100.
- Roghanizad, M. & Bohns, V. K. (2022). Should I ask over Zoom, phone, email, or in-person? Communication channel and predicted vs. actual compliance. *Social Psychological and Personality Science*, 13 (7), 1163-1172.
- Giurge, L. & Bohns, V. K. (2021). You don't need to answer right away! Receivers overestimate how quickly senders expect responses to non-urgent work emails. *Organizational Behavior and Human Decision Processes*, 167, 114-128.

- Boothby, E. & Bohns, V. K. (2021). Why a simple act of kindness is not as simple as it seems: Underestimating the positive impact of our compliments on others. *Personality and Social Psychology Bulletin*, 47, 826-840.
- Bohns, V. K. & Flynn, F. J. (2021). Empathy and expectations of others' willingness to help. *Personality and Individual Differences*, 168 (1), 110368.
- Bohns, V. K. & Schlund, R. (2020). Consent is an organizational behavior issue. *Research in Organizational Behavior*, 40, 100-138.
- Sommers, R. & Bohns, V. K. (2019). The voluntariness of voluntary consent: Consent searches and the psychology of compliance. *Yale Law Journal*, *Vol. 128* (7), 1962-2033.
- Bohns, V. K. & DeVincent, L. A. (2019). Rejecting unwanted romantic advances is more difficult than suitors realize. *Social Psychological and Personality Science*, *10(8)*, 1102-1110.
- Deri, S., Stein, D. & Bohns, V. K. (2019). With a little help from my friends (and strangers): Closeness as a moderator of the underestimation-of-compliance effect. *Journal of Experimental Social Psychology*, 82, 6-15.
- Bohns, V. K. & Newark, D. A. (2019). Power and perceived influence: I caused your behavior, but I'm not responsible for it. *Social and Personality Psychology Compass*, 13(1), e12427.
- Bohns, V. K., Newark, D. A. & Boothby, E. J. (2018). When do we feel responsible for other people's behavior and attitudes? In S. Thye & E. Lawler (Eds.), *Advances in Group Processes, Vol. 35* (pp. *159*-179). UK: Emerald Publishing Limited.
- Newark, D. A., Bohns, V. K. & Flynn, F. J. (2017). The value of a helping hand: Help-seekers' predictions of help quality. *Organizational Behavior and Human Decision Processes*, *139*, 18-29.
- Roghanizad, M. M. & Bohns, V. K. (2017). Ask in person: You're less persuasive than you think over email. *Journal of Experimental Social Psychology*, 69, 223-226.
- Bohns, V. K. (2016). (Mis)understanding our influence over others: A review of the underestimation-of-compliance effect. *Current Directions in Psychological Science*, 25, 119-123.
- Bohns, V. K., Newark, D. & Xu, A. (2016). For a dollar, would you...? How (we think) money influences compliance with our requests. *Organizational Behavior and Human Decision Processes*, 134, 45-62.
- Bohns, V. K., Scholer, A. S. & Rehman, U. (2015). Implicit theories of attraction. *Social Cognition*, *33*, 284-307. (first two authors contributed equally)
- Bohns, V. K. & Flynn, F. J. (2015). Empathy gaps between helpers and help-seekers: Implications for cooperation. In Robert A. Scott and Stephen M. Kosslyn (Eds.), *Emerging Trends in the Social and Behavioral Sciences*. Hoboken, NJ: Wiley.
- Leonardelli, G., Bohns, V. K. & Gu, J. (2015). Security seeking in a regulatory focus whodunit: The case of the relative orientation in behavioral economics. In P. J. Carroll, R. M. Arkin, & A. Wichman (Eds.) *The Handbook of Personal Security* (pp. 225-240). New York: Taylor & Francis.

- Newark, D.\*, Flynn, F. & Bohns, V. K. (2014). Once bitten, twice shy: The effect of a past refusal on expectations of future compliance. *Social Psychological and Personality Science*, *5*, 218-225.
- Bohns, V. K., Roghanizad, M. & Xu, A. (2014). Underestimating our influence over others' unethical behavior and decisions. *Personality and Social Psychology Bulletin*, 40, 348-362.
- Bohns, V. K., Lucas, G. M., Molden, D. C., Finkel, E. J., Coolsen, M. K., Kumashiro, M., Rusbult, C. & Higgins, E. T. (2013). Opposites fit: Regulatory focus complementarity and relationship well-being. *Social Cognition*, *31*, 1-14.
- Bohns, V. K. & Flynn, F. J. (2013). Guilt by design: Structuring organizations to elicit guilt as an affective reaction to failure. *Organization Science*, *24*, 1157-1173.
- Bohns, V. K. & Flynn, F. J. (2013). Underestimating our influence over others at work. *Research in Organizational Behavior*, 33, 97-112.
- Gu, J., Bohns, V. K. & Leonardelli, G. J. (2013). Regulatory focus and interdependent economic decision-making. *Journal of Experimental Social Psychology*, 49, 692-698.
- Flynn, F. J. & Bohns, V. K. (2012). Underestimating one's influence in help-seeking. In D. T. Kenrick, N. Goldstein, & S. L. Braver (Eds.), *Six Degrees of Social Influence: Science, application, and the psychology of Robert Cialdini* (pp. 14-26). New York: Oxford University Press.
- Bohns, V. K. & Wiltermuth, S. S. (2012) †. It hurts when I do this (or you do that): Posture and pain tolerance. *Journal of Experimental Social Psychology, 48,* 341-345. (both authors contributed equally) †*Note that this paper was included in a p-curve analysis of 34 studies suggesting no effect (Simmons & Simonsohn, 2017) and a p-curve analysis of 55 studies suggesting strong evidence (Cuddy, Schultz, & Fosse, 2018) of "power posing."*
- Bohns, V. K., Handgraaf, M. J. J., Sun, J. M., Aaldering, H., Mao, C. & Logg, J. (2011). Are social prediction errors universal? Predicting compliance with a direct request across cultures. *Journal of Experimental Social Psychology*, 47, 676-680.
- Bohns, V. K. & Higgins, E. T. (2011). Liking the same things, but doing things differently: Outcome versus strategic compatibility in partner preferences for joint tasks. *Social Cognition*, *29*, 497-527.
- Zhong, C., Bohns, V. K. & Gino, F. (2010). Good lamps are the best police: Darkness increases self-interested behavior and dishonesty. *Psychological Science*, *21*, 311-314.
- Bohns, V. K. & Flynn, F. J. (2010). Why didn't you just ask? Underestimating the discomfort of help-seeking. *Journal of Experimental Social Psychology*, 46, 402-409.
- Flynn, F. J. & Lake (Bohns), V. K. B. (2008). If you need help, just ask: Underestimating compliance with direct requests for help. *Journal of Personality and Social Psychology*, 95, 128-143.

#### PRACTITIONER & POPULAR PRESS PUBLICATIONS

- Bohns, V. (January 6, 2023). Don't Underestimate Your Influence at Work. Harvard Business Review.
- Bohns, V. (June 22, 2022). How psychology could change the way we understand consent. *Behavioral Scientist*.

- Bohns, V. (February 21, 2022). How scammers like Anna Delvey and the Tinder Swindler exploit a core tenet of human nature. *The Conversation*. \*Republished by *The Independent* (UK)
- Roghanizad, M. & Bohns, V. (December 20, 2021). Need a favor? Research suggests it's best to ask in person. *Harvard Business Review*.
- Giurge, L. & Bohns, V. (December 1, 2021). Be intentional about how you spend your time off. *Harvard Business Review*.
- Giurge, L. & Bohns, V. (October 2, 2021). The curse of off-hours email. The Wall Street Journal.
- Bohns, V. (September 19, 2021). Fear factor: Overcoming the awkwardness of asking for help. Character Lab Tip of the Week. \*Republished by the Philadelphia Inquirer, Psychology Today, Thrive Global, Education Week
- Bohns. V. (September 13, 2021). No need to shout: Recognizing the influence that's already yours. *Behavioral Scientist*.
- Bohns, V. (September 8, 2021). Three things persuasive people do differently. CNBC.com.
- Bohns, V. (September 7, 2021). How to react to an awkward interview question. *Fast Company*.
- Bohns, V. (September 7, 2021). Who will listen to you? More people than you think. *Psychology Today*.
- Bohns, V. (August 27, 2021). How to ask a colleague to mask up. Harvard Business Review.
- Bohns, V. (August 21, 2021). Why do we shout when we argue? Lack of confidence. The Wall Street Journal.
- Boothby, E., Zhao, X. & Bohns, V. (February 24, 2021). A simple compliment can make a big difference. *Harvard Business Review*.
- Bohns, V. (June 8, 2020). Three myths that stop people from asking for help at work. *Harvard Business Review*.
- Giurge, L. & Bohns, V. (April 3, 2020). Three tips to avoid WFH burnout. *Harvard Business Review*. \*Republished in the *HBR Guide to Beating Burnout* and the *HBR Guide to Remote Work*
- Bohns, V. K. (March 20, 2020). Why so many people are still going out and congregating in groups despite coronavirus pandemic: A psychologist explains the difference between being selfish and egocentric. *The Hill*.
- Bohns, V. K. (February 20, 2020). Why "just go for it" is bad dating advice. Invited contribution to the Society for Personality and Social Psychology's *Character & Context* Blog.
- Bohns, V. K. (January 10, 2020). Weinstein jurors must differentiate between consent and compliance—which research shows isn't easy. *The Conversation*. \*Republished by *Salon*, *The Chicago Sun-Times*
- Bohns, V. K. (November 1, 2019). McDonalds's fired its CEO for sleeping with an employee: Research shows why even consensual office romances can be a problem. *The Conversation*. \*Republished by *MarketWatch, Business Insider, Quartz, Big Think, The Chicago Tribune, The Chicago Sun-Times, Houston Chronicle, Boston Herald, Providence Journal, Montreal Gazette*

- Sommers, R. & Bohns, V. K. (April 30, 2019). Would you let the police search your phone? We are much more likely to give consent than we think. *The New York Times*.
- Bohns, V. K. & DeVincent, L. A. (April 26, 2018). To reduce sexual misconduct, help people understand how their advances might be received. *Harvard Business Review*.
- Bohns, V. K. (April 11, 2017). A face-to-face request is 34 times more successful than an email. *Harvard Business Review*.
- Bohns, V. K. (August 3, 2015). You're already more persuasive than you think. *Harvard Business Review*.
- Bohns, V. K. (February 9, 2014). Would you lie for me? Why we underestimate our own powers of persuasion. *The New York Times*.

#### OTHER PUBLICATIONS

- Bohns, V. K. (2020). You are already influential. In N. Zandan's (Ed.) *Insights into Influence*. Austin, TX: Weeva, Inc. & Quantified Communications.
  - \*One of 20 invited contributors, including Adam Grant and Dan Ariely
- Bohns, V. (August 28, 2019). 10 tips for selecting courses based on things you will write on your professors' course evaluations at the end of the semester. *McSweeney's Internet Tendency*.

#### SELECTED RESEARCH IN PROGRESS

Schlund, R. & Bohns, V. K. (R&R). You knew what you were getting into: The perception vs. the experience of informed consent. *Organizational Behavior and Human Decision Processes*.

Schlund, R., Sommers, R. & Bohns. V. K. (under review). Giving people the words to say no leads them to feel freer to say yes.

Cho, J., Bhandari, A., Bazarova, N., Bohns, V. K., Margolin, D. & Kizilcec, R. (in preparation) *A National Study of Online Help-seeking in College.* 

Schlund, R. & Bohns, V. K. *Prototypical consent: What do people think of when they hear the word 'consent'?* Data collection ongoing.

## SELECTED CONFERENCE ACTIVITIES

#### Chaired Symposia

Bohns, V. K. & DeVincent, L. (August, 2019). *The farce of consent: Psychological factors that challenge the notion of voluntary consent.* Symposium organized for the annual meeting of the Academy of Management, Boston, MA.

\*Selected as an Organizational Behavior Division Showcase Symposium

Rader, C. & Bohns, V. K. (August, 2014). *Under- and over-estimating our influence over others at work.* Symposium organized for the annual meeting of the Academy of Management, Philadelphia, PA.

#### Conference Talks

Bohns. V. K. & Roghanizad, M. M. (August, 2023). *Should I ask over zoom, phone, email, or in-person?* Paper to be presented in E. Jiang's (Chair) Social Pitfalls at Work symposium at the Academy of Management Conference, Boston, MA.

- Schlund, R. & Bohns, V. K. (August, 2023). *Giving people the words to say no makes them feel freer to say yes*. Paper to be presented in A. Lee-Yoon's (Chair) How Time Management, Autonomy, and Flexibility Can Shape the Employee Experience symposium at the Academy of Management Conference, Boston, MA.
  - \*Selected as an Organizational Behavior Division Showcase Symposium
- Bae, S. & Bohns, V. K. (August, 2023). *Intrinsic motivation as a compliance cue*. Paper to be presented in S. Bae's (Chair) Taken by Surprise: Exploring the Impact of Misaligned Expectations symposium at the Academy of Management Conference, Boston, MA.
- Schlund, R. & Bohns, V. K. (July, 2023). *Giving people the words to say no makes them feel freer to say yes*. Paper to be presented in A. Lee-Yoon's (Chair) How Time Management, Autonomy, and Flexibility Can Shape the Employee Experience symposium at the International Association for Conflict Management Annual Meeting, Greece.
- Schlund, R. & Bohns, V. K. (February, 2023). *You knew what you were getting into: Honesty increases perceptions, but not feelings, of consent.* Paper presented in S. Atir's (Chair) Four Mismatches in the Domain of Learning and Knowledge symposium at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Sommers, R. & Bohns, V. K. (November, 2022). *Consent searches and underestimation of compliance: Robustness to type of search, consequence of search, and demographic sample.* Paper presented at the Conference on Empirical Legal Studies, Charlottesville, VA.
- Bohns, V. K. (October, 2022). *Underestimating the difficulty of rejection leads to differences in perceived vs. experienced consent.* Paper presented at the Society for Experimental Social Psychology annual meeting, Philadelphia, PA.
- Schlund, R. & Bohns, V. K. (August, 2022). You knew what you were getting into: Honesty increases perceptions, but not feelings, of consent. Paper presented in E. Hart's (Chair) Communication Misperceptions: Mispredicting the Outcomes of Interpersonal Interactions symposium at the annual meeting of the Academy of Management, Seattle, WA.
- Schlund, R. & Bohns, V. K. (July, 2022). You knew what you were getting into: Honesty increases perceptions, but not feelings, of consent. Paper presented in E. Hart's (Chair) Communication Misperceptions: Mispredicting the Outcomes of Interpersonal Interactions symposium at the annual meeting of the International Association for Conflict Management (IACM), Ottawa, ON, Canada. Sommers, R. & Bohns, V. K. (February, 2022). Consent and the psychology of compliance. In M. Echelbarger's (Chair) Misunderstanding What's Best for Us symposium at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Bohns, V.K. (February, 2022). *Underestimating our influence over others: Implications for compliance and consent.* Invited talk at the Society for Personality and Social Psychology Attitudes and Social Influence Preconference, San Francisco, CA.
- Bohns, V. K. & Sommers, R. (August, 2021). Consent is in the eye of the beholder: Actors and observers see consent differently. Paper presented in C. Belinda and S. Melwani's (Co-Chairs) Where lies the truth? Accuracy and diverging perspectives in interpersonal perception symposium at the annual meeting of the Academy of Management. (Virtual conference)
- Giurge, L. & Bohns, V. K. (August, 2020). *Don't press send: Senders underestimate receivers' felt compliance to respond to non-urgent off-hours work emails.* Paper presented in K. Sankaran & L. Giurge's (Co-Chairs), Setting and pushing boundaries: Implications for work-life balance, well-being, and performance symposium at the annual meeting of the Academy of Management, Vancouver, BC. (Virtual conference)

- Boothby, E. & Bohns, V. K. (August, 2020). *Underestimating the positive impact of our compliments on others*. Paper presented in P. Srinivasan's (Chair), You're doing less good than you should: The impact of social misprediction on OCBs symposium at the annual meeting of the Academy of Management, Vancouver, BC. (Virtual conference)
- Roghanizad, M. M. & Bohns, V. K. (May, 2020). *Underestimating the value of face-to-face influence*. Paper accepted to be presented in B. Schumpe's (Chair), New directions in persuasion research symposium at the Association for Psychological Science annual conference, Chicago, IL. (Conference canceled)
- Bohns, V. K. & DeVincent, L. (August, 2019). *Acquiescing to romantic advances at work: It's harder to say "no" than suitors realize*. Paper presented in V. Bohns & L. DeVincent (Co-Chairs)'s, The farce of consent: Psychological factors that challenge the notion of voluntary consent symposium at the annual meeting of the Academy of Management, Boston, MA.
- Bohns, V. K. & Sommers, R. (August, 2019). *Underestimating the difficulty of denying someone access to sensitive data*. Paper presented at the annual meeting of the Academy of Management, Boston, MA.
- Bohns, V. K., Newark, D. A.\* & Boothby, E. J. (August, 2018). When do we feel responsible for other people's behavior and attitudes? Paper presented at the annual meeting of the Academy of Management, Chicago, IL. \*presenter
- Sommers, R. & Bohns, V. K. (May, 2018). *The voluntariness of voluntary consent: Consent searches and the psychology of compliance.* Paper presented at the 28<sup>th</sup> annual meeting of the American Law and Economics Association, Boston, MA.
- Sommers, R., DeVincent, L., & Bohns, V. K. (November, 2017). *Judging consent for self, other, and the reasonable person: Behavioral and psychological responses to digital privacy violations.* Paper presented at the annual meeting of the Society for Judgment and Decision Making, Vancouver, BC, Canada. Sommers, R. & Bohns, V. K. (October, 2017). *Judging the voluntariness of consent: A psychological critique of the Fourth Amendment standard.* Paper presented at the 12<sup>th</sup> annual Conference on Empirical Legal Studies, Ithaca, NY.
- Bohns, V. K. (May, 2017). Empathy gaps in social influence: Underestimating the awkwardness of saying "no". Paper presented in M. Kardas' (Chair), New directions in empathy gaps: Insights for improving learning, social interactions, and wellbeing, symposium at the Association for Psychological Science annual conference, Boston, MA.
- Newark, D. N. Bohns, V. K. & Flynn, F. J. (August, 2016). *The value of a helping hand: Do help-seekers accurately predict help quality?* Paper presented at the annual meeting of the Academy of Management, Anaheim, CA.
- Bohns, V. K., Xu, A. & Newark, D. N. (August, 2015). For a dollar would you...? How (we think) money influences compliance with our requests. Paper presented at the annual meeting of the Academy of Management, Vancouver, BC, Canada.
- Bohns, V., Roghanizad, M. & Xu, A. (August, 2014). *I can't believe you agreed to that! Underestimating our influence over others' unethical behavior*. Paper presented in C. Rader and V. Bohns' (Co-Chairs), Under- and over-estimating our influence over others at work, symposium at the annual meeting of the Academy of Management, Philadelphia, PA.

- Bohns, V. & Flynn, F. (August, 2014). *The "Asking Tax": Different expectations for requested versus volunteered favors and concessions.* Paper presented in J. Schroeder's, (Chair), The pronounced impact of subtle factors in negotiations: Pre-meetings, handshakes, anger, and asking, symposium at the annual meeting of the Academy of Management, Philadelphia, PA.
  - \*Selected as a Conflict Management Division Showcase Symposium
- Bohns, V., Lucas, G., Molden, D., Finkel, E., Coolsen, M., Kumashiro, M.\* & Higgins, E.T. (February, 2014). *Promotion and Prevention in Love: Regulatory focus complementarity and relationship well-being.* Paper presented in M. Kumashiro and X. Arriaga's (Co-Chairs), Do we shape relationships or do relationships shape us, symposium at the Society for Personality and Social Psychology meeting, Austin, TX.
- Bohns, V., Lucas, G., Molden, D., Finkel, E., Coolsen, M., Kumashiro, M., Rusbult, C. & Higgins, E.T. (January, 2013). *Opposite fit: Regulatory focus complementarity and relationship well-being*. Paper presented in the Self-regulation Preconference data blitz, Society for Personality and Social Psychology, New Orleans, LA.
- Bohns, V. K. & Flynn, F. J. (August, 2012). *Guilt by design: Structuring organizations to promote guilt as an affective reaction to failure.* Paper presented at the annual meeting of the Academy of Management, Boston, MA.
- Bohns, V. K. & Flynn, F. J. (May, 2012). *The "Asking Tax": Help-recipients' expectations for volunteered versus requested help.* Paper presented at the eighth annual meeting of the Southern Ontario Behavioral Decision Research Conference, Waterloo, ON, Canada.
- Bohns, V. K. & Wiltermuth, S. S. (January, 2012). *Embodied power and complementarity in interpersonal interactions*. Paper presented in J. Martens and J. Tracy's (Co-Chairs), Pride, power, and social-status: The impact of expanded posture on self and others symposium at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Bohns, V. K. & Wiltermuth, S. S. (January, 2012). *Intrapersonal effects of complementary nonverbal behaviors in interpersonal interactions*. Paper presented in the Nonverbal Behavior Preconference data blitz, Society for Personality and Social Psychology, San Diego, CA.
- Bohns, V. K. (May, 2011). Are social prediction errors universal? Predicting compliance with a direct request across cultures. Paper presented at the seventh annual meeting of the Southern Ontario Behavioral Decision Research Conference, Toronto, ON, Canada.
- Bohns, V. K. (August, 2009). *Strategic Compatibility in Social Relationships: The Case of Regulatory Focus Complementarity*. Paper presented in J. Gun and G. Leonardelli (Co-Chairs), Self-regulation and social interdependence symposium at the annual meeting of the Academy of Management, Chicago, IL..
- Bohns, V. K. & Flynn, F. J. (November, 2006). *If you need something, just ask: Underestimating compliance with direct requests for help.* Paper presented at the annual meeting of the Society for Judgment and Decision Making, Houston, TX.

## SELECTED INVITED TALKS & PANELS

- 2023 TEDx Cambridge
- 2023 "Managing email," Cornell University program
- 2022 "Chats in the Stacks" book talk, Cornell University Library
- 2022 UBC Behavioral Insights into Business for Social Good Conference, Vancouver, BC
- 2022 Social Enterprise Conference, Harvard Business School
- 2022 International Association for Conflict Management Virtual Seminar Series
- 2022 London School of Economics, Department of Psych and Behavioural Sciences Seminar Series
- 2021 Advancing the Future of Work, ILR Campaign launch event

- 2021 Cornell Sigma Xi faculty speaker
- 2021 Ben Gurion University, Israel, Decision Making & Economic Psychology Seminar Series
- 2021 Microsoft "Outside In" Speaker Series
- 2021 University of Cambridge Psychology Seminar Series, UK
- 2021 Rotman School of Management, virtual author talk
- 2021 Nasdaq Entrepreneurial Center
- 2021 McKinsey Author Talks
- 2021 eCornell Keynote, "Navigating New Work-Life Realities"
- 2021 UBC Decision Insights for Business & Society (DIBS) virtual seminar
- 2021 Cornell Alumni Webinar, "We're all influencers"
- 2021 ILRAA Women's Council and Cornell Women's Network "More influence than you think"
- 2020 Cornell Alumni Webinar on Emotional Intelligence "How empathy gaps become helping gaps"
- 2020 Cornell Executive Education COVID19 Webinar "Contagion, Persuasion, and Motivation"
- 2020 Coalition on Sexual Violence Prevention, Cornell University (Event postponed due to COVID)
- 2020 Cornell Office of Academic Diversity Initiatives Lunch Speaker (Event canceled due to COVID)
- 2020 Cornell Family Fellows Spring Weekend Faculty Speaker, Ithaca, NY
- 2020 Bronfrenbrenner Center for Translational Research, "Talks at Twelve," Cornell, Ithaca, NY
- 2019 NeuroLeadership Summit, New York City
- 2019 Syracuse University, Department of Psychology
- 2019 Cornell University, Psychology Department Colloquium
- 2017 Syracuse University, Department of Psychology
- 2016 Faculty Speaker, e-Cornell Women in Leadership Webseries
- 2014 University of Toronto Mississauga, Department of Management
- 2013 Colby College, Psychology Department Colloquium
- 2012 University of Waterloo, Social Psychology Area Brownbag
- 2012 University of Waterloo, Cognitive Psychology Area Brownbag
- 2011 Universitat Pompeu Fabra (Barcelona), Department of Economics and Business
- 2011 University of California at San Diego, Rady School of Management
- 2011 Northwestern University, Kellogg School of Management
- 2011 Johns Hopkins University, Carey Business School
- 2011 University of Waterloo, Management Sciences Department
- 2011 Georgetown University, McDonough School of Business
- 2010 Yale School of Management
- 2010 Queen's School of Business
- 2010 University of California at Irvine, Merage School of Business
- 2010 University of Toronto, Social, Personality, Abnormal Psychology Meeting
- 2008 Stanford Graduate School of Business
- 2008 University of Toronto, Rotman School of Management

#### **TEACHING**

Courses Taught

Introduction to Organizational Behavior

University of Waterloo, Management Sciences Cornell University, ILR School

Spring 2012, Spring 2013 Spring 2015, Fall 2015, Fall 2016 Spring 2018, Spring 2019, Fall 2019, Spring 2022

Psychology of Work

Cornell University, ILR School

Fall 2022, Fall 2023

Morality at Work

Cornell University, ILR School

Spring 2016, Fall 2017, Fall 2021, Spring 2023

Writing Persuasively about the Science of Persuasion

Cornell University, ILR School

Spring 2023

Negotiation & Conflict Resolution (MILR)

Cornell University, ILR School

Spring 2017

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Leadership & Influence			
University of Waterloo, Management Sciences	Spring 2013		
Graduate Research Methods	W 2012 W 2012		
University of Waterloo, Management Sciences Values-Based Leadership	Winter 2012, Winter 2013		
University of Toronto, Rotman Commerce Program	Spring 2010, Spring 2011		
Organizational Psychology	spring 2010, spring 2011		
Barnard College, Columbia University	Spring 2007, Spring 2008		
ACADEMIC ADVISING	_		
PhD Advisor			
Sangah Bae, Cornell ILR, Organizational Behavior	PhD Expected 2024		
Lily Ellis (w/ J. Goncalo), Cornell ILR, Organizational Behavior	PhD 2021		
Milad Soroush (w/ M. Hancock), U. Waterloo, Mgmt. Sciences	PhD 2021		
Mahdi Roghanizad, U. Waterloo, Mgmt. Sciences	PhD 2016		
PhD Committee Member (Committee Chair noted in parentheses)	1112 2010		
Wicia Fang, Cornell Univ., Psychology (Zayas)	PhD Expected 2026		
Zachariah Berry, Cornell Univ., ILR-OB (Lucas)	PhD Expected 2024		
Rachel Schlund, Cornell Univ., ILR-OB (Zitek)	PhD Expected 2024		
Ashley Ryan, U. Waterloo, Sociology & Legal Studies (Gallupe)	PhD Expected 2023		
Ada Hurst, U. Waterloo, Mgmt. Sciences (Safayeni)	PhD 2015		
Justin Friesen, U. Waterloo, Social Psychology (Eibach)	PhD 2013		
Julio Velasco, U. Waterloo, Mgmt. Sciences (Guild)	PhD 2013		
Adeoye Adegorite, U. Waterloo, Mgmt. Sciences (McNaughton)	PhD 2013		
Carolina Pansera, U. Waterloo, Clinical Psychology (Woody)	PhD 2012		
Gelareh Karimiha, U. Waterloo, Clinical Psychology (Rehman)	PhD 2012		
Jo Anderson, U. Waterloo, Social Psychology (Holmes)	PhD 2012		
	PhD 2012		
Ester Moher, U. Waterloo, Cognitive Psychology (Koehler)			
Stephen Shepherd, U. Waterloo, Social Psychology (Eibach)	PhD 2012		
Mina Rohani, U. Waterloo, Mgmt. Sciences (Safayeni)	PhD 2012 PhD 2012		
Mohammad Batouk, U. Waterloo, Mgmt. Sciences (Guild)	PnD 2012		
Master's Thesis Advisor	MG 2010		
Lauren DeVincent, Cornell ILR, Organizational Behavior	MS 2019		
Amy Xu, U. Waterloo, Mgmt. Sciences	MASc 2014		
Master's Thesis Committee Member (Committee Chair noted in parentheses)			
Yuanzhi (Lesimo) Wang, Cornell Univ., Design & Environmental An	• • •		
Rachel Schlund, Cornell Univ., ILR-OB (Zitek)	MS 2020		
Chloe Collins, Cornell Univ., Design & Environmental Analysis (Hua			
Megan Cackett, Cornell Univ., Design & Environmental Analysis (Hu	,		
Mehrnaz Mostafapour, U. Waterloo, Mgmt. Sciences (Hancock)	MASc 2013		
Arezoo Irannejad, U. Waterloo, Mgmt. Sciences (Hancock)	MASc 2013		
Nabeela Sausan, U. Waterloo, Mgmt. Sciences (Safayeni)	MASc 2013		
Kimiyoshi Oshikoji, U. Waterloo, Mgmt. Sciences (Onay)	MASc 2012		
Rodrigo Castillo, U. Waterloo, Mgmt. Sciences (Guild)	MASc 2012		
Ayman Alzayat, U. Waterloo, Mgmt. Sciences (Safayeni)	MASc 2011		
Mahdi Roghanizad, U. Waterloo, Mgmt. Sciences (Safayeni)	MASc 2011		
Hillie Aaldering, University of Amsterdam, Psychology (Handgraaf) <i>Undergraduate Honors Thesis Advisor</i>	MASc 2010		
Maura Mayhew, ILR School, Cornell University  BA Expected 2024			
Emily Mason, ILR School, Cornell University	BA Expected 2024		
August Biben, ILR School, Cornell University	BA 2023		
Pierson Ohr, ILR School, Cornell University	BA 2023 BA 2022		
ricison om, iek school, comen omversity	DA 2022		

Ava Barnet, ILR School, Cornell University	BA 2020
Harry Trabue, ILR School, Cornell University	BA 2018
Daniel Stein, ILR School, Cornell University	BA 2017
Undergraduate Research Fellowship Faculty Advisor	
Adam Senzon, ILR Undergraduate Research Fellow, Cornell University	Fall 2023
Joshua Samuel, ILR Undergraduate Research Fellow, Cornell University F	all 2022 & Spring 2023
Emily Mason, ILR Undergraduate Research Fellow, Cornell University	2022-2023
Carlie Stewart, ILR Undergraduate Research Fellow, Cornell University	Spring 2019
Harry Trabue, ILR Undergraduate Research Fellow, Cornell University	Summer 2017
Ava Barnett, Presidential Rawlings Fellow, Cornell University	2017-2019
David Navadeh, ILR Undergraduate Research Fellow, Cornell University	Spring & Fall 2017
Kelly Jahnsen, ILR Undergraduate Research Fellow, Cornell University	Fall 2016
Jeffrey Sherman, ILR Undergraduate Research Fellow, Cornell University	Fall 2015 & 2016
Maya Portillo, ILR Undergraduate Research Fellow, Cornell University	Summer 2016
Daniel Stein, ILR Undergraduate Research Fellow, Cornell University	Summer 2016
Amanda Miner, ILR Undergraduate Research Fellow, Cornell University	Spring 2016
4th-Year Design Project Advisor, U. Waterloo, Mgmt. Sciences	
Tarif Rahman, Queenie Mok, Ronald Ho, & Hira Shanmugaraj	2013-2014
Daniel Srabotnjak, Darryl Lobo, Hamza Mahmood, & Yucong Li	2013-2014
Florence Acevedo, Trevor Jenkins, & Cecilia Hu	2012-2013
ILR EMHRM Lecturer	2021-2023
ILR EMHRM Capstone Project Advisor	2021-2022
ILR First-Year Colloquium Instructor, Cornell University	Fall 2016 & 2017

## PROFESSIONAL SERVICE

University & Departmental Service	
OB Department Chair, Cornell ILR School	2023-2026
Pedagogical Community of Practice Working Group, Cornell University	2023-
Financial Policies Committee (FPC), Cornell University	2021-2024
FPC Research Costs Subcommittee, Cornell University	2021-2024
Faculty Advisory Committee on Tenure Appointments (FACTA), Cornell University	2019-2022
ILR Undergraduate Program Committee, Cornell University	Spring 2019
Psychology of Work Subcommittee (Co-Chair)	2019
ILR Curriculum Review Committee, Cornell University	2017-2019
ILR Nominations, Elections & Personnel Policies Committee (Chair 2016-2018)	2015-2018
University of Waterloo/SSHRC Small Grants Committee	2013-2014
Dean's Advisory Committee on Appointments (DACA), University of Waterloo	2012-2014
Centre for Behavioural Decision Research Organizer, University of Waterloo	2012-2014
Management Engineering Class Professor (2B), University of Waterloo	2012
ExpecTAtions Faculty Mentor, Faculty of Engineering, University of Waterloo	2011

#### Editorial Service

Associate Editor, Journal of Experimental Social Psychology (2019-2022)

Associate Editor, Social and Personality Psychology Compass, Social Influence Section (2015-2017)

Editorial Board Member, Journal of Personality and Social Psychology (2019-present)

Editorial Board Member, Journal of Experimental Social Psychology (2017-2019)

Editorial Board Member, Social Cognition (2013-present)

Reviewing: Journals

Ad-hoc Reviewer, PNAS

Ad-hoc Reviewer, Scientific Reports

Ad-hoc Reviewer, Personality and Social Psychology Bulletin

Ad-hoc Reviewer, Journal of Experimental Social Psychology

Ad-hoc Reviewer, Organizational Behavior and Human Decision Processes

Ad-hoc Reviewer, Journal of Personality and Social Psychology

Ad-hoc Reviewer, Psychological Science

Ad-hoc Reviewer, Organization Science

Ad-hoc Reviewer, Law and Human Behavior

Ad-hoc Reviewer, Personality and Individual Differences

Ad-hoc Reviewer, European Journal of Social Psychology

Ad-hoc Reviewer, Social Cognition

Ad-hoc Reviewer, Emotion

Ad-hoc Reviewer, Journal of Experimental Psychology: General

Ad-hoc Reviewer, Social Psychological and Personality Science

Ad-hoc Reviewer, Journal of Research in Personality

Ad-hoc Reviewer, Social Influence

Ad-hoc Reviewer, British Journal of Social Psychology

Ad-hoc Reviewer, Basic and Applied Social Psychology

Ad-hoc Reviewer, Human Relations

Ad-hoc Reviewer, Psychological Reports

Ad-hoc Reviewer, Journal of Nonverbal Behavior

Ad-hoc Reviewer, Self and Identity

Ad-hoc Reviewer, Motivation and Emotion

Ad-hoc Reviewer, Nonprofit and Voluntary Sector Quarterly

Ad-hoc Reviewer, PLOS ONE

Ad-hoc Reviewer, Health Psychology Research

Ad-hoc Reviewer, International Journal of Psychology

Ad-hoc Reviewer, Journal of Social and Personal Relationships

Ad-hoc Reviewer, Gender & Violence

Reviewing: Grants, Conferences, Other

Ad-hoc Reviewer, Social Sciences and Humanities Research Council of Canada (SSHRC)

Ad-hoc Reviewer, Israel Science Foundation (ISF)

Ad-hoc Reviewer, Time-Sharing Experiments for the Social Sciences (TESS)

Ad-hoc Reviewer, Academy of Management Annual Meeting, OB Division

Ad-hoc Reviewer, Administrative Sciences Association of Canada Annual Conference, OB Division

Ad-hoc Reviewer, INFORMS Dissertation Proposal Competition

Professional Affiliations

Academy of Management

Society for Personality and Social Psychology

Society of Experimental Social Psychology

## SELECTED MEDIA MENTIONS & APPEARANCES

NPR'S Hidden Brain Podcast (2/24/20) - "The Influence You Have"

New York Times (April 13, 2023) – "Your Email Does Not Constitute My Emergency"

New York Times (July 5, 2022) – "How to Ask a Stranger for Help"

Wall Street Journal (May 3, 2022) – "The Ultimate Self Care Strategy? Saying No"

New York Times (7/16/20) – "Should you say yes to that favor? Well..."

Wall Street Journal (August 23, 2021) - "You've got another job offer. Here's what to tell your boss."

The Economist (11/7/19) – "McDonald's fires its boss over a workplace romance"

Wall Street Journal (April 20, 2022) - "Severance and Abott Elementary are big hits--and reveal our complicated feelings about work"

The Atlantic (January 14, 2022) - "What if we just stopped being so available?"

Bloomberg TV (11/18/19) – "MeToo encourages companies to reevaluate workplace policies"

BBC Worklife (November 19, 2021) - "Why we say yes to requests -- even when we shouldn't"

CNBC (June 13, 2022) - "Stressed and burned out? Quitting your job may not help"

The New Yorker (July 24, 2021) - "Katie Kitamura writes a world ruled by charisma"

Washington Post (12/2/20) - "How to change people's behaviors as the coronavirus surges."

Wall Street Journal (November 8, 2021) - "Don't be that awkward colleague. A guide to office etiquette"

CNN Business (August 10, 2021) - "Want a more flexible work schedule? Here's how to ask for it"

BBC Worklife (March 1, 2022) - "The inevitability of the office romance"

Wall Street Journal (11/29/20) – "Do you have e-charisma on Zoom? Here's how to get it"

The Sunday Times (February 27, 2022) - "Don't be fooled into thinking you're too smart to be scammed."

BBC Worklife (July 27, 2021) - "Why we don't dole out many compliments - but should"

Business Insider (November 12, 2021) - "The way you're using email is stressing out your colleagues, study says"

Washington Post (December 16, 2021) - "One reason so many people are quitting: We want control over our lives again"

Wired (November 8, 2021) - "How to fix email...with science!"

MarketWatch (5/13/20) – "All the days are blurring together: How to battle burnout"

Bloomberg Law (10/22/20) - "Love contracts go mainstream as employers track office romance"

Associated Press/Washington Post/Toronto Star/US News/Chicago Tribune (4/14/21) - "McDonald's to mandate anti-harassment training"

Wall Street Journal (9/21/20) – "The science behind WFH dressing for Zoom"

CNN (March 7, 2022) - "A mom learns to ask for help"

BBC (December 9, 2021) - "How to talk to vaccine-hesitant people"

Toronto Star (5/25/20) – "Going to work sick was a sign of loyalty. Now that it's 'reckless,' companies need to rethink their policies"

LA Times (11/4/19) – "Fired McDonald's CEO gets to keep \$37 million in stock awards"

Fast Company (December 22, 2021) - "Should I email, call, or text? Researchers have discovered the answer to an age-old question"

Forbes (October 11, 2021) - "Secrets to influencing at work, according to a social psychologist"

Bloomberg (11/4/19) – "McDonald's C-Suite Exits Show Risks of Missteps in MeToo Era"

CNBC.com (December 30, 2021) - "Psychologists share top tips on how to hit your career goals in 2022"

## **PERSONAL**

On maternity leave in 2014 & 2018